Present your docket offer to receive

2ND CHILD FREE*

- 2 Berend St Hampton East
- Quiet private pool
- Babies to squads
- Small group sizes
- Quality instruction
- Quality results

Call: 0425 732 142

New clients, for a limited time only
Is your family looking for a culturally enriching experience?

Do you have a spare room in your home?

Home Stay provides international students with full board and care

Remuneration $290.00 p/w

For further information please contact

Parkdale Secondary College on 9580 6311 during work hours

Alternatively email Homestay Co-ordinator

holland.marianne.e@edumail.vic.gov.au
K-Fit

Sessions are focused around gaining fitness through fun. Activities include a combination of indoor and outdoor games, coordination activities, strength, flexibility, balance and basic fitness exercises.

Besides enjoying the health benefits of regular exercise, kids who are physically fit are better equipped to handle physical and emotional challenges.

BENEFITS OF K-FIT

- Emotional wellbeing
- Health awareness
- Better mental health
- Social skills
- Greater learning and productivity
- Increased physical activity

TERM BASED PROGRAM
CALL US TODAY FOR SESSION DETAILS

Waves Leisure Centre
111 Chesterville Road Highett VIC 3190
Ph: 9507 7111 • wavesleisurecentre@waverley.vic.gov.au
www.wavesleisurecentre.com.au

Don Tatinn Leisure Centre
Cnr Warren Rd & Brisbane Tce Mentone VIC 3190
Ph: 9507 1016 • donlatinell@kingston.vc.gov.au
www.donlatinellcentre.com.au
There is no time like the present to be present.

Mindful Families Workshop
The Mindful Families Workshop has been specially designed to bring better connectedness and mindful living practices to your home and equip families with a practical toolbox of ideas for cultivating a more mindful and happy family life. This fun, creative half-day workshop will include drama games, art and simple meditation techniques.
Beach Lane Studios, 842 Nepean Hwy, Carrum 3197
Saturday 19th March 1:00pm-4:00pm
Fee: $125
For more information visit www.think-bubbles.com

2016 Dates
Term 1: Sat 19th Mar, 2016 1-4pm
Term 2: Sat 16th Apr, 2016 1-4pm
Term 3: Sat 21st May, 2016 1-4pm
Term 4: Sat 18th Jun, 2016 1-4pm
For more information visit www.think-bubbles.com

‘Achievement through fun’

“It’s such a pleasure to help people to learn more about mindfulness and meditation and enjoy the benefits they offer.”

Victoria Gelberg (Bachelor of Education, Masters of Teaching) is an experienced facilitator of meditation and mindfulness practices. A teacher with over 20 years’ experience, Victoria has adopted the use of meditation and mindfulness in education settings in both the UK and Australia. She has witnessed the powerful, transformative effects of meditation and mindfulness in both children and adults. Victoria has a Masters in Teaching from the prestigious Institute of Education, University of London, and spent two years researching meditation, mindfulness and wellbeing as the basis of her Masters thesis. In addition, she has trained in Curriculum Training and the Mindfulness Fundamentals courses, as well as recently completing training in the Difficult Emotions pilot course with the Mindful Schools organisation, one of the leading organisations in mindfulness training in education, based in the USA. She remains engaged with the ever-expanding body of research into mindfulness and in particular its applications within education.

Victoria lives a mindful philosophy and is passionate about sharing her experience with others to help people live more attentive and mindful lives.

M: 0408 089 529 E: info@think-bubbles.com

taniarobins@hotmail.com www.taniarobins.com.au
MORDIALLOC JUNIOR REDBACKS CRICKET CLUB
JUNIOR CRICKETERS REGISTRATION
FOR SEASON 2016/17

Supported By: Ray White Mordialloc
www.mordiallocccc.org

JUNIOR CRICKET REGISTRATION SESSIONS
NEW PLAYERS ALWAYS WELCOME
AS ARE THEIR FAMILIES!

Friday, August 19th 2016: Junior Girls Registration
& free clinic session 5pm – 7:30pm
at MordyHQ Indoor Sports Centre (3 Haymer Court, Braeside)

Friday, August 26th 2016: Junior Redbacks Registration session
at Doug Denyer, 4.30pm-7.00pm. BBQ and free soft drink.
(Doug Denyer Reserve, Mc Donald Street, Mordialloc (next to Mordialloc Tennis Club).

Saturday, 3rd September 2016: 9.30am-12.00pm
2nd Junior Redbacks Registration & Training Session,
at MordyHQ Indoor Sports Centre (3 Haymer Court, Braeside)

More Info:
Gerry (0417037183) or
Jamie (0413748861 / 0475505170) at the club.
Mordialloc Redbacks a Great Family Club

Under 8 – In2 Cricket
Under 10 – T20 Blast
Under 12 Rookies
Under 12s
Under 14s
Under 16s
13 & Under Girls Only Cricket
16 & Under Girls Only Cricket
Morris Gleitzman

When:
Tuesday 30th August 2016
4 - 5pm

For kids aged 9-12.

Where:
Cheltenham Library
12 Stanley Avenue
Cheltenham

Book online Kingston.vic.gov.au/library by phoning 1300 135 668
or at any Kingston Library branch.
Aspendale
Aspendale Primary School
23 Laura St
7th August
9am - Noon

Sports Camps Australia
SCA/Kidzphyz Junior Sport Camps
Camp Director: Greg Schneiders
Select Your Sport: AFL, Basketball, Hockey, Soccer OR Multisport

Location: Haileybury
855 Springvale Road, Keysborough
Dates: 28-30 September 2016
Cost: $245
Time: 9.00am-4.00pm
Age: 6-16 Years (5-8 Years Multisport Only)
Gender: Co-ed
Skill: All skill levels welcome

Book your camp today!
Visit www.sportscampsaustralia.com.au +1800 753 127
Follow us on
@sportscampsaustralia
Write for your own pleasure without formal assessment in a friendly and supportive environment. Discover what you want to write and how to write it.

Classes are facilitated by a published writer.

Classes held every **MONDAY: 10:00am – 12:00pm**

**CRAFT, COFFEE AND CHAT**

Our ‘Craft, coffee and chat’, group is now up and running.

Bring along your favourite craft projects or enjoy card games / board games, in a relaxed and friendly atmosphere. Coffee, tea and biscuits provided.

The group is facilitated and craft ideas can be swapped and shared within the group.

*EVERY MONDAY: 12.30 – 2.30pm*

*(except during school holidays & Public holidays)*

$2 per week, per person

For more information, or to enrol, please phone:

**Mordialloc Neighbourhood House;**

**9587 4534**
Garden World

SPRING LAUNCH

SATURDAY 20 & SUNDAY 21 AUGUST
10.00am - 3.00pm

ALL DAY SUPPLIER DEMONSTRATIONS

LOTS OF SPECIAL GUESTS

VASILI
VASILI’S GARDEN
SATURDAY 12pm-2pm

BRANDON KROON
CHAINSAW SCULPTOR
SATURDAY 11am-3pm

JOHN PATRICK
GARDENING AUSTRALIA
SUNDAY 12pm-2pm

- PROTEAFLORA - FEATURE PLANT GROWER
- COLLECTORS CORNER - ORCHID SOCIETY - AMETHYST DISPLAY
- GARDEN SMART HYDROPONICS - LOTUS WATER GARDENS
- CANDEO AWARD WINNING DESIGN - SEMKEN LANDSCAPING CONSTRUCTION
- CAFE - MORNING TEA - LUNCH
- ANIMAL FARM - FACE Painting - BALLOON TWISTER

DON’T MISS IT! GREAT PRIZE GIVEAWAYS!

www.gardenworld.com.au
810 SPRINGVALE RD. BRAESIDE. VICTORIA 3195 PH: (03) 9793 8095
LIKE US ON FACEBOOK

Gardenworld Licensed Café
GESAC
Junior Sports Programs
Get the kids involved now!
School term-based programs on offer:

NEW JUNIOR NETBALL TERM 3 COMPETITION!
- Begins Thursday July 14 and runs for ten weeks
- Games are scheduled between 4:00pm-6:30pm on Thursday and run for 32 minutes
- Cost is $123 per player
- Age Groups Available: 10 & Under (born 06/07), 12 & Under (04/05), 14 & Under (born 02/03) [subject to interest]
- Enter as an individual or as a team
- State-of-the-art indoor stadium
- Register NOW by calling or visiting the website listed below!

GESAC
Glen Eira Sports and Aquatic Centre
200 East Boundary Road, Bentleigh East
Phone 03 9570 9200
**KARATE**

**Wednesdays, 6.30pm to 7.30pm OR Saturdays, 2.30pm to 3.30pm**

Cost: ($120 per annum pro rate, plus insurance)

A globally accredited instructor with the Japanese Karate Association (JKA) with more than 30 years’ experience brings this authentic Japanese martial art to Aspendale Gardens. Everybody between the ages of 6 and 65 are welcome, from beginners or those with previous experience in Karate or any other martial art.

A great opportunity for parents and children to train alongside each other and share in the joy of this ancient martial art.

**Bookings essential, contact our office.**

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**SYNERGY YOGA - Parent Child Yoga**

**Suitable for children 5 -10 years**

**Thursdays, 4.00pm to 4.45pm**

($12.00 per class or $100.00 per ten week term)

Yoga has enormous benefits to a child’s wellbeing, including improved concentration, better sleep patterns, greater self-esteem and a stronger immune system. These classes offer a wonderful opportunity for parent-child bonding as accompanying adults are invited to join the class for free.

**Bookings essential, contact our office.**

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**SEPTEMBER SCHOOL HOLIDAY PROGRAM**

We will again be running Programs during the next school holidays, details of which will be finalised shortly. Please keep your eye out for more details!

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**Tel:** 9587 5955  
**Web:** [www.agcsinc.org.au](http://www.agcsinc.org.au)  
**Facebook:** [www.facebook.com/AGCSinc](http://www.facebook.com/AGCSinc)
Tennis Lessons
On campus here @ school

On campus before school. Simply drop & go!
Fit For Kids Co. provide tennis lessons using the ANZ Tennis Hotshots program. It’s the official junior program of Tennis Australia and uses modified equipment, soft balls & junior racquets.

Parktune PS
Term 3, 2016

Dates
Wednesday 20th of July - Wednesday 14th September (9 Weeks)

Times
Wednesday Morning  8:00am - 8:40am on the basketball court area

Cost
$135 - 40 minute session x 9 weeks!

Enrol Online Today!

Email: info@fitforkidsco.com.au  Ph: 0421 172 369

In case of: Wet Weather
We will take students for tennis within an indoor classroom.
PARKDALE UNITED

Want to Play Cricket?

Come and join a friendly, well organized and successful cricket club

Become a Python!

Under 12 (rookies)

T-20 Blast

Under 12 (competition)

Under 12 Rookies & competition
For boys & girls 7 to 11 years old
• Played: Saturday mornings & Friday nights
• T20Blast
For boys & girls 6 to 9 years old
• Played: Saturday mornings

At Jack Grut Reserve, Governor Road, Mordialloc

• Registration: Saturday the 13th August @ 9:00am

Enquires: Daryl Eales 0400 950 484
Father of Matthew & Mark grade 4
Adam grade 3
**U12S**

**2016 U12 Trials**

**When:** Sunday 21st August 8.30am-1.30pm  
**Cost:** $10 per player to trial  
**What to bring:** boots, mouthguard, shoulder pads, food for a short break

Players must be born in either 2004 or 2005.

The trial day will consist of fitness testing, core skill rotations, unit specific skills and 10 a-side games.

Players successful in being selected for the side will travel to Adelaide over the October long weekend, of the 1st and 2nd, to compete in PSSA National Rugby Carnival.

Players successful in making the team need to be available for all training sessions, which will be held on 5 consecutive Sundays in the lead up to the tournament.

Cost of involvement in the program will be $1000

This cost covers:  
- Return flights to Adelaide  
- Bus Transfers in Adelaide  
- Training and playing apparel  
- Accommodation and meals  
- Medical

All players need to be prepared for this cost, as full payment will be required a week before departure.

**REGISTER NOW**  
All players wanting to trial must pre-register before trials.
PIRATES REGISTRATION NIGHT

Participation, fun, inclusiveness, community enjoyment!

Friday 2nd September
4:30pm - 7:30pm
Gerry Green Reserve Clubrooms
Cnr Imes St & Nepean Hwy Parkdale VIC 3195
www.parkdalecc.com

Registration is a one off payment that entitles you to:

- Ball fees for the entire season
- Playing cap (New Players Only)
- International accredited coaching
- Player and parents handbook
- Social membership for parents/carers
- Melbourne Stars 2 game membership to 2016/17 BBL

Parkdale Pirates Junior CC Subs:
$145 or $225 for 2+ children

Register & pay on the night with Cash or Eftpos
or prepay with Preferred Payment Method.

Direct Debit
BSB 633-000 ACC 115081663
Account Name: Parkdale Cricket Club
Please reference your payment with your Name and Pirate Subs.

Training starts Monday 14th September

U/12 Rookies & Girls Team Monday 4pm - 5:30pm
U14-16 Tuesday 4pm - 5:30pm
U/12 Wednesday 4pm - 5:30pm
U/14-16 Thursday - 4pm - 5:30pm

John Dotters
DDCA T2 Gartside Medallist 2015/16
Pirates International Junior Head Coach

PARKDALE CRICKET CLUB INC.
ABN: 92 644 709 354
Gerry Green Reserve
Corner Nepean Highway & Imes Street, Parkdale VIC 3195

For all junior enquiries please contact parkdalecc@live.com.au with Pirates in the subject field.
Register your child for the Free Trial by 8 August!

Kumon English or Maths Programme

Just follow these four easy steps:

1. Call your Kumon Instructor by 8 August to register for an upcoming information session.
2. Have your child assessed for the Kumon English or Maths Programme and discuss a study plan.
3. Arrange for your child to attend four class sessions during the period of 15–31 August.
4. Meet with your Instructor to discuss your child’s Kumon experience.

Call now to register for the Free Trial

TERMS AND CONDITIONS:

- Places are limited and acceptance for the Free Trial is on a first-come, first-serve basis.
- Attendance at an information session is mandatory prior to your child participating in the Kumon Free Trial. Please register for this by 9 May.
- The Free Trial consists of four sessions at a Kumon Education Centre over two weeks, during the period of 16–31 May.
- Worksheets are provided for non-centre days during the two weeks.
- Late registration may result in fewer study sessions.
- Class days, operating hours and available sessions vary across Kumon Centres.
- The Free Trial is available for one subject only (either English or Maths).
- There is no obligation to enrol after the Free Trial.

http://au.kumonglobal.com  •  http://nz.kumonglobal.com