Develop the confidence of a winning smile

Take advantage of our free initial visit and get some professional advice from a specialist orthodontist today. No referral is necessary.

straight orthodontics
health | harmony | confidence

45 balcombe rd, mentone 9585 8000 straightorthodontics.com.au
VICTORIAN SPORTS CAMPS

cricket, tennis, afl football, netball, basketball, soccer, hockey

1300 914 368
australiansportscamps.com.au

Learn and develop your skills with a terrific three day coaching experience for players of all standards aged 6 to 17. Our programs utilise fantastic facilities in each state with our structured skill development programs delivered by experienced and talented panels of coaches in each sport.

These coaches are supported by guest appearances from top level players from state and national teams. OUR SENIOR PROGRAM is specifically designed for 13 - 17 year old players to run in conjunction with our stars program for 6-12 year olds.

For more details regarding our camps and coaching panels, visit our website australiansportscamps.com.au

Cricket Camp Dates
- Trinity Grammar Sporting Complex, Bulleen - 21, 22 & 23 September
- Mentone Grammar Playing Fields, Braeside - 29, 30 September & 1-October
- Macleay Park, North Balwyn - 29, 30 September & 1 October

Tennis Camp Dates
- Trinity Grammar Sporting Complex, Bulleen - 21, 22 & 23 September

Netball Camp Dates
- Methodist Ladies College, Kew - 21, 22 & 23 September
- Mentone Grammar School, Mentone - 29, 30 September & 1 October

Hockey Camp Dates
- Hawthorn Malvern Hockey Centre, Hawthorn - 29, 30 September & 1 October

Basketball Camp Dates
- Brighton Grammar, Brighton - 21, 22 & 23 September
- Boroondara Sports Complex, North Balwyn - 23, 24 & 25 September
- Trinity Grammar, Kew - 28, 29 & 30 September

Soccer Camp Dates
- Trinity Grammar Sporting Complex, Bulleen - 21, 22 & 23 September
- H.A. Smith Reserve, Hawthorn - 29, 30 September & 1 October

AFL Football Camp Dates
- Brighton Grammar, Brighton - 21, 22 & 23 September
- Macleay Park, North Balwyn - 29, 30 September & 1 October

For more information or brochures call ASC on 1300 914 368
OR email admin@australiansportscamps.com.au
OR book online now at australiansportscamps.com.au
OR send in the application form on the back of the brochure

Australian Sports Camps are simply the best in Australia
KidzAid presents “Essential Aid” - Paediatric First Aid
When: Thursday, 20th August  Time: 7.30pm sharp to 9pm;  Cost: $50.00 pp or $90.00 p couple
If YOUR child was seriously SICK, INJURED or worse yet had NO PULSE and STOPPED BREATHING, would YOU know what to do?
Taught by their team of specialist instructors, this evening will deliver a dynamic, engaging, interactive and totally practical hands on experience and give you the confidence and knowledge required in a first aid situation.
Bookings essential - Call 1300 543 924 or go to www.kidzaid.com.au/public-courses/

“Making Environments Autism Friendly” - Donna Williams BA Hons, Dip Ed
When: Tuesday, 18th August - Making Environments Autism Friendly
Time: 7pm sharp to 8.30pm;  Cost: $5.00 per person payable at the door.
Bookings essential, contact our office.
Donna has been an autism consultant since 1996 who has worked with hundreds of adults and children on the autism spectrum. She is a successful author and lecturer, has gained post graduate qualifications as a sociologist and teacher, written ten books in the field of autism, and an accomplished artist and musician.
Term 4 Date: Tuesday, 17th November 2015 - Autism: Alternative Approaches

Tai Chi - A Mind Body Exercise
When: Tuesdays, 2pm -3pm  Cost: $10.00 per class (payable on the day)
We are excited to welcome Shon Siau from CMC Tai Chi Academy, an experienced tai chi instructor who has been teaching tai chi for many years.
Learn how this gentle mind-body moving meditation exercise helps improve muscles, strength, flexibility and balance.

Hatha Yoga - Mondays & Thursdays, 2-3pm
Cost: $10 per class or $9 up front for 10+ classes. (Seniors receive a $2 discount per class)
Hatha Yoga is a classical form of yoga which focuses on holding postures and maintaining breathing patterns that allow students to calm their minds. Please bring your own mat if you have one (some may be available), a drink and towel. An enrolment form is available from the Centre and must be completed prior to your first class.

AGCS acknowledges the support of the Victorian Government and the City of Kingston.
“Making Environments Autism Friendly” - Donna Williams BA Hons, Dip Ed

When: Tuesday, 18th August - Making Environments Autism Friendly
Time: 7pm sharp to 8.30pm; Cost: $5.00 per person payable at the door.
Bookings essential, contact our office.

Donna has been an autism consultant since 1996 who has worked with hundreds of adults and children on the autism spectrum. She is a successful author and lecturer, has gained post graduate qualifications as a sociologist and teacher, written ten books in the field of autism, and an accomplished artist and musician.

Term 4 Date: Tuesday, 17th November 2015 - Autism: Alternative Approaches

KidZaid presents “Essential Aid” - Paediatric First Aid

When: Thursday, 20th August  Time: 7.30pm sharp to 9pm; Cost: $50.00 pp or $90.00 p couple

If YOUR child was seriously SICK, INJURED or worse yet had NO PULSE and STOPPED BREATHING, would YOU know what to do?

Taught by their team of specialist instructors, this evening will deliver a dynamic, engaging, interactive and totally practical hands on experience and give you the confidence and knowledge required in a first aid situation.

Bookings essential - Call 1300 543 924 or go to www.kidzaid.com.au/public-courses/

Tai Chi - A Mind Body Exercise

When: Tuesdays, 2pm -3pm  Cost: $10.00 per class (payable on the day)

We are excited to welcome Shon Siau from CMC Tai Chi Academy, an experienced tai chi instructor who has been teaching tai chi for many years.

Learn how this gentle mind-body moving meditation exercise helps improve muscles, strength, flexibility and balance.

Hatha Yoga - Mondays & Thursdays, 2-3pm

Cost: $10 per class or $9 up front for 10+ classes. (Seniors receive a $2 discount per class)

Hatha Yoga is a classical form of yoga which focuses on holding postures and maintaining breathing patterns that allow students to calm their minds. Please bring your own mat if you have one (some may be available), a drink and towel. An enrolment form is available from the Centre and must be completed prior to your first class.

AGCS acknowledges the support of the Victorian Government and the City of Kingston.
Sandringham & District Netball Association
1-2 October

2 Days = $150
9am - 3pm
Netball Stadium
Thomas Street
Hampton

FOR MORE DETAILS:
juliecorletto@jennieboy.com.au

Book Now Online Via:

Jeanieboy.com.au
JulieCorletto.com

/Jeannieboy
/Julie_Corletto
@jeanieboysarah
@juliecorletto_
Celebrate Children's Book Week with Author Phillip Gwynne

Phillip Gwynne is a former AFL player and author of *Deadly Unna?*, which was made into the feature film *Australian Rules*.

- Monday 24 August 2015
- Cheltenham Library
- 12 Stanley Ave Cheltenham
- 4.30-5.30pm

Book by phoning 1300 135 668 or in person at your nearest Library branch.
Vacation Care

We are excited to announce our September/October 2015 Vacation Care program. The brochure of events and activities will be available online from 17 August 2015.

Come and share in the fun with your friends and our amazing team of educators. Luna Park, Tree Surfing, Ice Skating and try to stay upright playing soccer in a bubble.

“Stop press” we will be the first to use the upgraded Royal Flying Doctor’s simulator - (looks just like the real thing), before it goes to the Royal Melbourne Show! These are just some of the adventures we want to share with you.

The program is delivered at: Yarrabah School Aspendale, Dingley Primary School, Bonbeach Primary School and Moorabbin Primary School.

Enrolments accepted from: Monday 26 August and Close: Friday 11 September 2015

Enquiries and enrolments

To enquire or enrol please contact the Vacation care team:

Julie 9581 4846 or Kim 9581 4875
📧 vacadmin@kingston.vic.gov.au

Enrolment forms and additional information can be found at
🌐 kingston.vic.gov.au/vacationcare
PARKDALE UNITED CRICKET CLUB

Want to Play Cricket?

Come and join a friendly, well organized and successful cricket club

Become a Python!

Under 12 (rookies)
Milo T-20 Blast
Milo in2CRICKET

Under 12 Rookies
For boys & girls 8 to 11 years old
• Played: Saturday mornings
• Registration: Saturday the 29th August @ 9:00am

At Jack Grut Reserve, Governor Road, Mordialloc

Milo T20 Blast
For boys & girls 7 to 9 years old
• Played: Saturday mornings

Milo in2CRICKET
For boys & girls 5 to 6 years old
• Played: Sunday mornings

• Registration: Sunday the 11th Oct @ 9:00am

Enquires: Daryl Eales  0400 950 484
Father of Matthew 3SO, Mark 3S & Adam 2W
Piroska Varga
www.piroskavarga.com/
Piano & Singing lessons
Kids & Adults, all levels and all ages,
Fun and experienced teacher in Parkdale

Call Piroska on 0416 254 697

MORDIALLOC NEIGHBOURHOOD HOUSE

TAX HELP IS BACK !!!

Are your tax affairs simple?
Do you earn less than $50,000 ?

You could be eligible for FREE help with your tax return.

The Australian Taxation Office has appointed a trained volunteer to assist you with your 2014-2015 tax return.
Appointments will be held every Monday.

Bookings essential.

For further information, or to make a booking, please phone:
Mordialloc Neighbourhood House on 9587 4534
MORDIALLOC NEIGHBOURHOOD HOUSE

ART FOR PLEASURE

An art class to suit all skill levels and mediums of choice.

New enrolments welcome

Wednesday

9.30 – 11.30 am.

For further information or if you’d like to enrol,
Please phone: 9587 4534
457 Main St. Mordialloc. 3195

Sue Williams Piano School

Professional pianist with over 25 years teaching experience.
Lessons for children and adults.

3 Daniel Court
Mentone 3194
Victoria

Sue Williams
0400 874 966
Science Week Activities 2015 (August 15th - 23rd)
Location: Beaumaris Yacht Club

MESAC offers a series of free presentations and activities during the 9 day National Science Week period - covering key aspects of science and research in the history and management of Bayside Point Marine Sanctuary and Port Phillip Bay.

Sessions will be delivered by experts across many subjects, marine research, geology and fossil beds, foreshore plants, Port Phillip Bay History, Aboriginal heritage and the role of citizen science.

Science Week will raise the profile of MESAC, Inc (Marine Education Science and Culture) through a new venture to re-build the Beaumaris Yacht Club into a nature conservancy facility.

Activities & Talks over the Science Week

Saturday August 15th
Marine Science & Research Facilities Tour
Location: Beaumaris Yacht Club

Sunday August 16th
Natural History & Port Phillip Bay: Seasonal Changes
Location: Beaumaris Yacht Club

Monday August 17th
Galley Talk: Regional History
Location: Beaumaris Yacht Club

Tuesday August 18th
Presentation: Rebuilding the Beaumaris Yacht Club
Location: Beaumaris Yacht Club

Wednesday August 19th
Forensic Science & Environmental Crime Research
Location: Beaumaris Yacht Club

Thursday August 20th
Underwater Photography: Introduction
Location: Beaumaris Yacht Club

Friday August 21st
Underwater Photography: Advanced
Location: Beaumaris Yacht Club

Saturday August 22nd
Final Presentation & Refreshments
Location: Beaumaris Yacht Club

BOOKINGS ESSENTIAL:
For more details & to book please visit www.marinecare.org.au & follow the link
Science Week Activities 2015 (August 15th - 23rd)
Location: Beaumaris Yacht Club

Sunday August 16th - 9.30am to 12.30pm
Natural History of Port Phillip Bay

This session will provide an insight into the amazing pre-history of the local Beaumaris geology and fossils at the close of the Miocene period, some 5.5 million years ago. It will cover the history of Bay sea levels over the more recent thousands of years and examine the evidence whether the Bay almost dried up in this period. The Aboriginal history of use of the Bay will be explored.

Presenters and Topics
Prof. John Buckeridge, RMIT University
The geology of the local rocks at Ricketts Point and Bay History over millions of years.

Dr GR Holdgate, University of Melbourne
Did Port Phillip Bay nearly dry out between ~7800 and ~5000 BC?

Adam Magee, Cultural Heritage Advisor, Mornington Peninsula Shire
Aboriginal culture and coastal landscapes.

From 1.30pm Beach Walk - Fossil History
Led by John Buckeridge
"Marine Photographic Competition voting"

For all activities over National Science Week visit www.marinecare.org.au or call

BOOKINGS ESSENTIAL:
For more details & to book please visit www.marinecare.org.au & follow the link
LEGO® EDUCATION PROGRAM

The program has been designed in two parts:

- **Science and Technology:** Students explore the world of simple machines.

- **Creativity and imagination:** Students engage with miscellaneous pieces to complete puzzles, games and challenges without instructions to become Master Builders!

As long serving primary school teachers we believe it is important to use the Australian Curriculum as a guideline to the program. The program includes number and algebra, measurement and mental arithmetic, speaking and listening, problem solving, comprehension and construction of simple machines.

Each Student works with their own specially designed LEGO educational box, containing gears, pulley's, rope, weights and specialised LEGO technic pieces.

The 10 week course will begin in term 3, on Tuesday the 4th of August, after school, at a cost of $150 per student and will be held at Parktione Primary School, multipurpose room 3.30 -4.30pm.

Limited availability, so contact
James today: 0401 733 299
verondais33@hotmail.com
www.buildit4kids.com.au
My name is Chrissy and I have been hosting exchange students through WEP for 3 years now. I love hosting exchange students. My family is so big now and spans most of the world. I have a great circle of friends and family who have become Aunts and Uncles to my adopted children. I had three friends host exchange students along with myself this year. We agreed to pick different countries to get a real cultural variety. I had a Japanese boy and between my friends we had a Belgian boy, a French girl and a Norwegian girl. They all became great friends. We have all shared some fantastic memories together.

Our kids left on the 6th of June 2015. It was a sad day for all my friends and I. We all shared the emotions of our kids returning to their home countries together. We all shared the same grief. The week before they all left we also shared our last time with all four kids in the same room together. We had a farewell feast and what a wonderful feast it was. We called it “International Night”. All the kids cooked a dish from their own country. We tasted French Style Tomatoes, Japanese Curry, Norwegian soup and crepes and Belgian Chocolate cake. It was amazing. The food was spectacular. Everyone was so full and had a great time. We were all so proud of the kids. They all did an amazing job. The consensus around the table was “why did we not do this earlier”. We have had many gatherings before but not like the last one.

My friends have always been my family and now it has gotten even bigger. If I have any advice from this experience it would be to get a group of friends and all get a student. Have great gatherings like BBQ’s and get them to all share their culture with each other. All pick a different country each. You won’t regret it!

- Chrissy

Request A Free Information Pack Online
www.wep.org.au 1300 884 733 info@wep.org.au
Do you have a spare car seat?

Buckle Up

St Kilda Mums needs your help!

Help us collect & rehome 400 car restraints in July and August 2015

How to donate a car restraint

Confirm it is less than 8 years old and that it complies with the Australian/New Zealand Safety Standard AS/NZS 1754 by looking at the stickers on the back, side or base of your car restraint.

Please email the make, model and date of manufacture of your baby car seat to: donate@stkildamums.org so that we can confirm we can rehome it. Please note that we are not insured to pass on car restraints from hard rubbish.

Please see our website for more information about what we can and can’t rehome

www.stkildamums.org

About St Kilda Mums

St Kilda Mums aims to share the joy of motherhood and save the earth’s precious resources by joining with support agencies throughout Victoria to meet the material needs of families with young children. We collect, sort and distribute essential nursery equipment, clothing, books and toys for babies and children.

Thank you for supporting Buckle Up 2015

St Kilda Mums