Develop the confidence of a winning smile

Take advantage of our free initial visit and get some professional advice from a specialist orthodontist today. No referral is necessary.
CHELTENHAM BASEBALL CLUB

WOULD LIKE TO INVITE ALL GIRLS AND BOYS INTERESTED IN PLAYING TEE-BALL OR BASEBALL TO OUR "Come and Try" Clinics

TEE-BALL

TEE-BALL IS A FUN VERSION OF BASEBALL PLAYED BY GIRLS AND BOYS BETWEEN THE AGES OF 5-8 YEARS OLD

"COME AND TRY" DAYS FOR TEE-BALL WILL BE HELD ON:

FRIDAYS, 4th, 11th & 18th SEPTEMBER
STARTING AT 5.30PM

BASEBALL

BATTING, PITCHING, CATCHING AND FIELDING COACHING PROVIDED BY EXPERIENCED COACHES...

BEGINNERS WELCOME...

"COME AND TRY" DAYS FOR CHILDREN 8-12 YEARS OLD WILL BE HELD ON:

FRIDAYS, 4th, 11th & 18th SEPTEMBER
STARTING AT 5.30PM

PLAYERS ARE WELCOME TO ATTEND BOTH CLINICS

ALL EQUIPMENT PROVIDED. BRING A FRIEND! LIKE SOME MORE DETAILS?

PLEASE CONTACT MARK CAMPBELL  cambo@bigpond.net.au  0458 33 00 80
www.cheltenhamrustlers.com.au

CHELTENHAM BASEBALL CLUB . KINGSTON HEATH RESERVE . FARM ROAD . CHELTENHAM 3192
## Holiday Activities September 2015
### Week 1 at Cheltenham Community Centre

<table>
<thead>
<tr>
<th>Monday 21st September 9am-4pm</th>
<th>Movie Funday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Oddball</strong></td>
<td><strong>Bring</strong></td>
</tr>
<tr>
<td><strong>Village Cinemas Southland</strong></td>
<td>Named full drink bottle</td>
</tr>
<tr>
<td><strong>$39 per child</strong></td>
<td>Own snack/lunch</td>
</tr>
<tr>
<td></td>
<td>Sensible Shoes</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Tuesday 22nd September 9am-4pm</th>
<th>Taskworks</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Taskworks</strong></td>
<td><strong>Bring</strong></td>
</tr>
<tr>
<td>Peg Fast, Puzzle Room, Build It, Cable Maze, Create a Scene, Stomp a Stump</td>
<td>Named full drink bottle</td>
</tr>
<tr>
<td></td>
<td>Own snack/lunch</td>
</tr>
<tr>
<td></td>
<td>Sensible Shoes</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday 23rd September 9am-4pm</th>
<th>Tinkering &amp; Silly Science Funday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Join the team from Supreme Incursions to Tinker.</strong></td>
<td><strong>Bring</strong></td>
</tr>
<tr>
<td><strong>Try some fun experiments, explode, goop and more...</strong></td>
<td>Named full drink bottle</td>
</tr>
<tr>
<td></td>
<td>Own snack/lunch</td>
</tr>
<tr>
<td></td>
<td>Sensible Shoes</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Thursday 24th September 9am-4pm</th>
<th>AFL Funday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>It's Finals Fever!</strong></td>
<td><strong>Bring</strong></td>
</tr>
<tr>
<td><strong>Come dressed in your AFL Foxy colours. Art &amp; Craft, Games and an AFL skills session with the guys from Proactivity.</strong></td>
<td>Named full drink bottle</td>
</tr>
<tr>
<td></td>
<td>Own snack/lunch</td>
</tr>
<tr>
<td></td>
<td>Runners/Sneakers</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Friday 25th September 9am-4pm</th>
<th>Superstar Funday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Dress up, face paint, sing your favourite tunes, put on a play. You be the star!</strong></td>
<td><strong>Bring</strong></td>
</tr>
<tr>
<td><strong>You can also make more.</strong></td>
<td>Named full drink bottle</td>
</tr>
<tr>
<td></td>
<td>Own snack/lunch</td>
</tr>
<tr>
<td></td>
<td>Sensible Shoes</td>
</tr>
</tbody>
</table>

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**Cheltenham Community Centre** 8 Chesterville Road, Cheltenham
Ph. 9583 0095  Fax. 9583 3021  Email: admin@chelt.com.au  Book & pay online at www.chelt.com.au
Excel Tennis

Are you ready to play tennis?

Book a FREE TRIAL CLASS during term 3 2015
New participants to the program only
Please book by emailing us at coaching@exceltennis.com.au with:
- Your child’s age & if they have any playing experience
- Ideal venue (Mentone / Cheltenham / Mulgrave) and your available days

www.exceltennis.com.au

Office: 9533 1375
Mobile: 0409 425 917
coaching@exceltennis.com.au

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Join the tribe at Go! Fitness
Experience Go! 45 with 24hr access and over 60 coached sessions per week incorporating MYZONE
30 day premium membership just $79
no joining fee no access fee

9587 9999 361 Nepean Hwy Parkdale  gofitnessparkdale.com.au
Romsey Primary School is 150 years old this year.

You are invited to join us for our celebrations on Saturday October 24th between 10.00am and 4.00pm.

- School tours and visits to the old school site,
- Displays of student projects, old photos and other memorabilia,
- Performances and demonstrations by students.
- Devonshire Teas and gourmet bar-b-cue.
- Market Stalls
- A formal ceremony to mark the occasion at 2.30pm

Catch up with old friends or discover RPS for the first time!

For further information contact us on 03 5429 5099, email romsey.ps@edumail.vic.gov.au or visit www.romseyps.edu.au

On Saturday evening: Attend a special screening of Dusty at the Mechanics Hall
On Sunday visit Sydney Seymour Cottage World Children’s Day activities
On Sunday enjoy a family picnic day at the old school site
And while you are in town look out for special deals in our cafes and restaurants

Major sponsors:
Macedon Ranges Shire Council (community grants scheme)
Bendigo Community Bank—Romsey Branch
Parkwood Green Medical Centre—Romsey
Romsey Amcal Pharmacy
McKimmie’s Gas maintenance and General Plumbing, Kyneton.
KIDZONE HOLIDAY PROGRAM

Hey Kids – come along to our FREE fun holiday program
5 Blantyre Avenue Chelsea

Monday 21 Sept 10:30-12:30
Let’s explore what’s under the sea.

Friday 25 Sept 10:30-12:30
What can you make with wood?

Monday 28 Sept 10:30-12:30
Create with art and craft

Friday 2nd Oct 10:30-12:30
How does your garden grow?

Bookings are essential. Open to primary school aged children of any ability. To book phone Judi on 0423 375 714
MENTONE MUSTANGS
BASKETBALL CLUB
SUMMER SEASON 2015/16

Registrations Now Open!

New player enquiries to Tara: 0427 326 895
or email
newplayers@mentonemustangs.com.au

The junior domestic summer season in the Southern Basketball Competition commences on Monday 5 October 2015 at Tulip Street, Sandringham. Girls and boys u9’s – u23’s welcome! Any level of experience. If you are interested in keeping fit, making new friends and having fun, contact us now.

Junior summer season registrations opens 10 August 2015

Register by 23 August 2015 for the early bird discount!
(Register by 31 August 2015 to avoid waiting lists)

Girls competition game days:
Monday: Under 12 & 18
Tuesday: Under 14
Wednesday: Under 16
Thursday: Under 10
Friday: Under 9
Sunday: Under 23

Boys competition game days:
Thursday: Under 10
Friday: Under 9
Saturday: Under 12, 14 & 16
Sunday: Under 18 & 20

New age group cut off dates apply

<table>
<thead>
<tr>
<th>Age group</th>
<th>Birth year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 9</td>
<td>2008</td>
</tr>
<tr>
<td>Under 10</td>
<td>2007</td>
</tr>
<tr>
<td>Under 12</td>
<td>2005 &amp; 2006</td>
</tr>
<tr>
<td>Under 14</td>
<td>2003 &amp; 2004</td>
</tr>
<tr>
<td>Under 16</td>
<td>2001 &amp; 2002</td>
</tr>
<tr>
<td>Under 18</td>
<td>1999 &amp; 2000</td>
</tr>
<tr>
<td>Under 20</td>
<td>1997 &amp; 1998</td>
</tr>
</tbody>
</table>

Visit our website for further details www.mentonemustangs.com.au
School Holiday Program Term 2/3 2015

9am to 5pm

Clifton Hill PS
21st, 22nd, 23rd September

Aspendale Gardens PS & Fitzroy PS
28th, 29th, 30th September

All welcome—6 – 16 years

Our Teachers are well versed in:

- Acting Tuition
- Clowning
- Circus Skills
- Dance
- Singing Music
- Theatre
- Story Writing
- Theatre Sports
- Film Making
- Junior Tropfest
- Voice
- Presentation Skills

Your Commitment

Drop off is 8.30-9am
Pickup by 5.30pm
Group Performance end of 3rd day @ 4.30pm
You must provide Lunch & 2 snacks
NO NUTS

Financials

Childcare Rebate Receipts Available
$40 Half Days
$70 per day
$210 for 3 day workshop

www.limelightacting.com

0421 149 042
MORDIALLOC NEIGHBOURHOOD HOUSE

NEW !!!

ACTIVE SENIORS PROGRAM:

Every Thursday: 12.30 – 2.30 pm

There will be a different activity each week for you to enjoy. Activities include: Cooking, Scrapbooking, flower arranging, sewing, mosaic making, indoor games, computer training…and much more. For more information, or to make a booking to join in, please phone:

Mordialloc Neighbourhood House: 9587 4534

MORDIALLOC NEIGHBOURHOOD HOUSE

TAX HELP IS BACK !!!

Are your tax affairs simple?
Do you earn less than $50,000?

You could be eligible for FREE help with your tax return. The Australian Taxation Office has appointed a trained volunteer to assist you with your 2014-2015 tax return. Appointments will be held every Monday.

Bookings essential.

For further information, or to make a booking, please phone:

Mordialloc Neighbourhood House on 9587 4534
Why wait for your holidays?
Make every day an adventure
Join Scouts

4th Mordialloc Sea Scouts
Our Scout group is one of the biggest and best in Victoria. We currently have limited vacancies available to join like-minded youth and get ready for Adventure! With camping, hiking, games and friendship all within a safe environment, Scouts has something for everyone.

Learn leadership skills, independence and heaps of other cool stuff all while having fun with you mates.
You can come and try for free, so what are you waiting for?

Limited places now available!

- **Joey Scouts** boys and girls aged 4 - 7
  Monday nights, 6:30 - 7:30pm
- **Cub Scouts** boys and girls aged 6 - 10
  Thursday nights, 1:00 - 3:30pm, occasional weekend activities
- **Scouts** boys and girls aged 10 - 14
  Tuesday nights, 7:00 - 9:00pm, plus camps and trips
- **Venturers** young adults aged 14 - 17
  Monday nights, 7:30 - 9:30pm, plus outings and outdoor adventure
- **Rovers** young adults aged 17 - 25
  Join one of our Hall Groups whenever, wherever the motion fits

Interested?
Contact us now to arrange your free trial:
Helen Toohey
0412 37 4646
hmtoohey@yahoo.com.au

www.vicscouts.com.au
VICTORIAN SPORTS CAMPS

cricket, tennis, afl football, netball, basketball, soccer, hockey

1300 914 368
australianssportscamps.com.au

Learn and develop your skills with a terrific three day coaching experience for players of all standards aged 6 to 17. Our programs utilise fantastic facilities in each state with our structured skill development programs delivered by experienced and talented panels of coaches in each sport.

These coaches are supported by guest appearances from top level players from state and national teams. OUR SENIOR PROGRAM is specifically designed for 13 - 17 year old players to run in conjunction with our stars program for 6 -12 year olds.

For more details regarding our camps and coaching panels, visit our website australiansportscamps.com.au

ASC Cricket Camp Dates
• Trinity Grammar Sporting Complex, Bulleen - 21, 22 & 23 September
• Mentone Grammar Playing Fields, Braeside - 29, 30 September & 1 October
• Macleay Park, North Balwyn - 29, 30 September & 1 October

ASC Tennis Camp Dates
• Trinity Grammar Sporting Complex, Bulleen - 21 - 22 & 23 September

ASC Netball Camp Dates
• Methodist Ladies College, Kew - 21, 22 & 23 September
• Mentone Grammar School, Mentone - 29, 30 September & 1 October

ASC Hockey Camp Dates
• Hawthorn Malvern Hockey Centre, Hawthorn - 29, 30 September & 1 October

ASC Basketball Camp Dates
• Brighton Grammar, Brighton - 21, 22 & 23 September
• Boroondara Sports Complex, North Balwyn - 23, 24 & 25 September
• Trinity Grammar, Kew - 28, 29 & 30 September

ASC Soccer Camp Dates
• Trinity Grammar Sporting Complex, Bulleen - 21, 22 & 23 September
• H.A. Smith Reserve, Hawthorn - 29, 30 September & 1 October

ASC AFL Football Camp Dates
• Brighton Grammar, Brighton - 21, 22 & 23 September
• Macleay Park, North Balwyn - 29, 30 September & 1 October

For more information or brochures call ASC on
1300 914 368
OR email admin@australianssportscamps.com.au
OR book online now at australiansportscamps.com.au
OR send in the application form on the back of the brochure
Tai Chi - A Mind Body Exercise
When: Tuesdays, 2pm - 3pm  Cost: $10.00 per class (payable on the day)
We are excited to welcome Shon Sian from CMC Tai Chi Academy, an experienced tai chi instructor who has been teaching tai chi for many years.
Learn how this gentle mind-body moving meditation exercise helps improve muscles, strength, flexibility and balance.

Hatha Yoga - Mondays & Thursdays, 2-3pm
Cost: $10 per class or $9 up front for 10+ classes. (Seniors receive a $2 discount per class)
Hatha Yoga is a classical form of yoga which focuses on holding postures and maintaining breathing patterns that allow students to calm their minds. Please bring your own mat if you have one (some may be available), a drink and towel. An enrolment form is available from the Centre and must be completed prior to your first class.

Community Wellness Seminar - Tuesday, 1st September from 7pm - 9pm
Carolyn Gray: [www.holisticwellnessforlife.com], Welcome, Food as Medicine: SLOW approach to eating.
Jayne Pivac: [www.dyslexiamelbourne.com], How heavy metals can affect behaviour and learning, ADHD and Autism.
Kim Waldron: [www.ootbykim.com.au], Goal Setting and how it supports our life and Wellness goals.

AGCS acknowledges the support of the Victorian Government and the City of Kingston.
JOIN US FOR
USHER SYNDROME AWARENESS DAY

On Saturday 19th September, Parktone father of two, David Shepard will run a marathon to raise awareness and funds for Usher Syndrome, a rare genetic condition his five year old son Louis was born with. Louis will start at Parktone next year following his sister Frankie. Usher Syndrome causes deafness, blindness and balance issues and this year marks the first global Usher Syndrome Awareness Day.

The marathon will be run in conjunction with an Own the Equinox challenge around the globe. In the Southern Hemisphere the equinox in September marks the transition to longer days than nights. This symbolizes the future we want for Louis, a life full of light.

Help us Own the Equinox on behalf of Louis and the global #USHfamily. Together we can make Usher Syndrome history and provide light for those with the condition.

At the completion of the marathon there will be a celebration BBQ breakfast. You can join us to run or walk any distance from 450m to the full marathon or come down to give your support to the runners and enjoy the celebration.

All funds raised on the day go towards Usher Coalition, an organization who fund global research for a treatment and cure and support families such as ours. If you can’t join us on the day but would still like to contribute, please visit Dave’s fundraising page at https://usher-syndrome.org.presencehost.net/take-action/own-the-equinox-fundraisers/david-shepard.html

For more information contact Emily Shepard 0414 743 074 or email – louislookingforward@gmail.com

Free tickets available at:
http://www.eventbrite.com/e/usher-syndrome-awareness-day-tickets-18269169578
www.louislookingforward.com
Sandringham & District Netball Association
1-2 October
2 Days = $150
9am - 3pm
Netball Stadium
Thomas Street
Hampton

FOR MORE DETAILS:
juliecorletto@jenieboy.com.au

Book Now Online Via:

jeenieboy.com.au
JulieCorletto.com

/Jeannieboy
/Julie_Corletto
@jeenieboysarah
@juliecorletto_
Vacation Care

We are excited to announce our September/October 2015 Vacation Care program. The brochure of events and activities will be available online from 17 August 2015.

Come and share in the fun with your friends and our amazing team of educators. Luna Park, Tree Surfing, Ice Skating and try to stay upright playing soccer in a bubble.

“Stop press” we will be the first to use the upgraded Royal Flying Doctor’s simulator -(looks just like the real thing), before it goes to the Royal Melbourne Show! These are just some of the adventures we want to share with you.

The program is delivered at: Yarrabah School Aspendale, Dingley Primary School, Bonbeach Primary School and Moorabbin Primary School.

Enrolments accepted from: Monday 26 August and Close: Friday 11 September 2015

Enquiries and enrolments

To enquire or enrol please contact the Vacation care team:

Julie 95814846 or Kim 9581 4875

vacadmin@kingston.vic.gov.au

Enrolment forms and additional information can be found at

kingston.vic.gov.au/vacationcare
PARKDALE UNITED CRICKET CLUB

Want to Play Cricket?

Come and join a friendly, well organized and successful cricket club

Become a Python!

Under 12 (rookies)
Milo T-20 Blast
Milo in2CRICKET

-----------------------------------------------

Under 12 Rookies
For boys & girls 8 to 11 years old
• Played: Saturday mornings
• Registration: Saturday the 29th August @ 9:00am

At Jack Grut Reserve, Governor Road, Mordialloc

• MiloT20Blast
For boys & girls 7 to 9 years old
• Played: Saturday mornings

Milo in2CRICKET
For boys & girls 5 to 6 years old
• Played: Sunday mornings

• Registration: Sunday the 11th Oct @ 9:00am

Enquires: Daryl Eales   0400 950 484
Father of Matthew 3SO, Mark 3S & Adam 2W