Develop the confidence of a winning smile

Take advantage of our free initial visit and get some professional advice from a specialist orthodontist today. No referral is necessary.

straight orthodontics
health | harmony | confidence

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CHIROPRACTIC EXCELLENCE

Dr. Ian Rossborough, Dr. Fiona Tse
Dr. Eric Topcu, Dr. Robert Ballantyne.

SPECIALISED TREATMENT OF:

WE TAKE SPECIALISED DIGITAL XRAYS

www.chiropracticexcellence.com.au - 9587 1500
288 Como Parade West, Parkdale

MUSIC LESSONS

✓ Guitar
✓ Piano/Keys
✓ Drums
✓ Bass
✓ Song-Writing
AND MORE!

ONLY 10 minute drive from you!

WHERE CREATIVITY HAPPENS

FULL DETAILS @ chelseamusic.com.au
Develop technical skills & artistic expression!
Tennis Lessons @ school!

Fit For Kids Co provide tennis lessons using the ANZ Tennis Hotshots Program, the official junior program endorsed by Tennis Australia. Each registered participant will get a FREE Hot Shots T-Shirt & Prize + giveaways throughout the year. Lessons are conducted on miniature nets with softer balls! This is the only way for children aged 4 - 10yrs to learn the game of tennis! (Register at hotshots.tennis.com.au/claim & register under coach Edward Andrew)

Why do lessons at school?
Convenience - On campus before school. Simply drop & go!
National Standard - Participate in the program endorsed by the Australian Sports Commission!
Value - Prizes, giveaways & promotions thanks to MLC, Tennis Australia & Nickelodeon!
Fun & Social - Tennis is a sport for life which is fun, healthy & active for both boys and girls!

Parktone Primary School
Term 2, 2015

Dates
Wednesday 22nd of April - Wednesday 17th June (9 Weeks)

Times
Wednesday Morning  8:00am - 8:40am on the Basketball court area

Cost
$135 - 40 minute session x 9 weeks!

Enrol Online Today!

Email: info@fitforkidsco.com.au  Ph: 0421 172 369 (Ed)

In case of: Wet Weather
We will take students for tennis activities within the indoor hall!
Join Girl Guides

Make friends
Have fun
Learn new skills
Leadership
Community work

Local Contact:
Mentone Girl Guides meet at Parkdale Community College, Warren Road.

For further details contact:
Jan Withers
Kingston District Manager
9772 7775 (home) or mobile 0421 042 296 or jwithers@guidesvic.org.au

Carol Hosking - Unit Leader
9580 8510

Girl Guides Victoria
Head Office:
129 York Street
South Melbourne VIC 3205
Ph: 8606 3500 or 1800 girl guides
E: guides@guidesvic.org.au
W: www.guidesvic.org.au

To enable girls and young women to grow into confident self-respecting, responsible community members.
College Open Night
Thursday 16th April 7.00pm

Meet the Principal
Thursday 30th April 5.00pm

To Register, please call 9580 6311

Warren Road, Mordialloc, Victoria 3195 Australia
Phone: +61 3 9580 6311 Fax: +61 3 9587 3142
Email: parkdale.sc@edumail.vic.gov.au
www.parkdalesc.vic.edu.au

COLLEGE TOUR DATES
March
Tuesday 3rd 9.30am
Friday 6th 9.30am & 4.30pm
Tuesday 10th 9.30am
Monday 16th 9.30am
Friday 20th 9.30am & 4.30pm
Monday 23rd 9.30am
Wednesday 25th 9.30am
April
Monday 20th 9.30am
Tuesday 28th 9.30am
Harmony Night 2015
FREE EVENT

WHERE
Bonkers Beat Music Kinder & Childcare,
49 Laura Street
Aspendale VIC 3195

WHEN
7.30pm - 8.30pm,
Wednesday, 29 April 2015

We invite you to take an hour out of your busy week to relax, while
learning about the positive effects of music, yoga and meditation
on your life and the health and wellbeing of your children

MUSIC / YOGA / BREATHING / MEDITATION

ONE NIGHT ONLY
DON'T MISS OUT ON THIS FREE EVENT

Bookings essential...
Call TODAY
on 13000-B-BEAT (1300-022-328)

Kingston Libraries and Kingston Youth Services
Present
READZ
Young Adult Book Club

Join us for good fun, good food and good fiction!

Ages 12-16
Meeting 4PM @ Chellenham Library
12 Stanley Ave, Chellenham

2015 Dates
Thursday 26th March
Thursday 28th May
Thursday 23rd July
Thursday 24th September
Thursday 26th November

“At Acacia Avenue we provide a nurturing and caring environment for your child to start their journey into formal education.”

Acacia Avenue Preschool
35 Acacia Avenue, Mentone Vic 3194  Phone: 95838133

Enrolments for our 3 year old program are accepted through the kindergarten. We have an open door policy so please come down and have a look and meet our staff. Enrolment forms are available at the preschool. Please contact the kinder for further information.

Enrolment officer Maricel 0400954887

Enrolments for all 4 year old programs in Kingston are accepted through the Kingston City Council.

FunNet
Beginner Netball Program for 5-9 year olds

FunNet is an introductory netball program for 5 to 9 year olds. It incorporates skill activities and fun games in a fun and safe environment. Great program to teach children basic netball skills before joining a Club team in 2016.

Includes awesome CCC sports bag, drink bottle, and netball! Heaps of fun, fitness, with friends!

TERM 2 2015

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<tr>
<th>Monday</th>
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<td>Cheltenham Secondary College</td>
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Book & pay at www.chell.com.au
Evesham Road Kindergarten
warmly invites you to our
OPEN DAY!

Saturday 2nd May
10am – 12pm noon

Come and meet our wonderful staff & see our fabulous facilities
Find out about our programs for both 3 year old & 4 year old kinder
Delicious cake stall

75 Evesham Road, Cheltenham

The GO! effect™
The fastest way on the planet to get results!

- Unlimited 24/7 Gym Access
- Four Group Personal Training Sessions
- Unlimited Team Training, Boot Camps, PILATES and running groups
- Full Fitness Assessment and Movement Analysis
- Personalised Fitness Program

30 Day package
✓ Personal Coach to ensure you get results
PLUS
✓ Supergreens supplement
✓ MYZONE ACCESS and Belt
✓ Weekly food coaching session

GO!FITNESS
361 Nepean Highway, Parkdale • gofitnessparkdale.com.au
OPEN DAY

SUNDAY 3rd MAY 2015
10am - 12pm ELONERA PRE SCHOOL

Applications for our 2016 3 year old program will be taken on the day and for the following 2 weeks until Friday 15th May. Contact Belinda Ahern on 0438 227 257

ART DISPLAYS  BBQ  MEET OUR WONDERFUL EDUCATORS
PLAY IN OUR EXTENSIVE GROUNDS  TOUR OUR FACILITIES

85 DAVEY STREET, PARKDALE, 3195  PHONE 9580 2193
www.elonera-preschool.com.au

We know children learn best through play

Saturday, May 2
9.30am - 11.30am

Applications for 2016 three-year-old kindergarten will open on the day and will close Friday, May 15, 2015

Parkdale Preschool, Alameda Place, Parkdale
www.parkdalepreschool.com.au
Starting Out Safely, Professional Development for Educators

Starting Out Safely, funded by VicRoads, is Victoria’s early childhood road safety education program.

Early Learning Association Australia would like to invite educators and students from the Kingston area and surrounds to join Nicola Pilsworth in an engaging and informative free seminar at the City of Kingston Offices in Mentone.

Nicola Pilsworth, will share practical strategies to support young children’s learning about road safety, centred on the latest evidence-based research.

The session will also identify how road safety education links to the EYLF, the National Quality Standard and the National Practices for Early Childhood Road Safety Education.

Please note that educators participating in a Starting Out Safely PD are given a priority in the ThingleToode education sessions schedule.

Event details
When: 6.45pm to 8.15pm, Tuesday 27 August 2013
Registration 6.30pm
Where: Council Offices, City of Kingston, 34 Brindisi Street, Mentone

Please RSVP by 20 August 2013 to the Road Safety Team via rse@ela.org.au – include your service name, participant name and position and a contact number – or call (03) 9489 3500 for more information.
FREE Q & A Panel Event @ The Royal Children’s Hospital

The Asthma Foundation of Victoria, in partnership with The Royal Children’s Hospital and Royal Melbourne Hospital, is very excited to announce that once again it will be holding a FREE Q&A Panel Event in June 2015.

This year’s event will be focused on ‘Managing Asthma and Allergy’. An Expert Panel, consisting of respiratory and allergy specialists, will address key questions and concerns you may have in regards to asthma and allergies. The event is open to all ages, those recently diagnosed or with life-long struggles in managing their asthma and allergies.

The panelists will be available to answer all of your questions.

Date: Sunday 28 June 2015
Time: 4pm to 6pm
Venue: Ella Latham Auditorium, Royal Children’s Hospital, Parkville
Cost: FREE
To register visit asthma-and-allergy.eventbrite.com.au
or contact The Asthma Foundation of Victoria on advice@asthma.org.au or 03 9326 7088.

Asthma Education for Parents and Carers

A reminder that Asthma Foundations across Australia are able to provide free asthma education sessions to parents and carers.

These sessions can be conducted either at the school or at a convenient location for a group of parents or carers. For more information, please contact us on 1800-ASTHMA or schools@asthma.orc.au

News from The Asthma Foundation of Victoria’s Training Department

We are a Registered Training Organisation, which delivers accredited courses under the trading name of Learn It. Live It.

That’s what we want people to achieve from our courses:

LEARN new skills and knowledge and help themselves and others.

LIVE a healthier life particularly in managing asthma, anaphylaxis and first aid emergencies.

To find out more about our nationally accredited training go to www.learnitlivet.org.au

The Asthma Foundation of Victoria

www.asthma.org.au
1800 ASTHMA (274 462)
Aspendale Stingrays Soccer Club would like to welcome NEW soccer players to our skills program delivered by our partner, FSA (Football Star Academy).

The Skills program is delivered by FSA Qualified coaches to develop skills in young boys and girls aged 4 to 8 to go onto playing competitive games of soccer with our club.

The program is from April to September, starting Sunday 19th April 2015 at Parkdale Secondary College Oval off Magnolia St for 16 weeks.
Two times are open: 10am -11am or 11am – noon

More details are available on our club website on www.aspendalesc.com
Contact the club by email: secretary@aspendalesc.com

Talk to your local sleep expert specialising in Gentle no cry and Traditional settling techniques, in the comfort of your home.
I will tailor a plan that suits your parenting style and your child’s temperament.
Sasha 0418 829 666  sasha@babysleepconsultant.com.au
www.babysleepconsultant.com.au