

PARKTONE PRIMARY SCHOOL

TERM 3 2021 – HEALTHY KIDS CAFÉ MENU



If your child has a food allergy, please inform the

Online

You can order your child's lunch on line at - Quickcliq.com.au
All you need to do is make an account and please have orders in by 8.45am

Canteen hours of operation

Recess : 10.40am – 11.10am
Lunch : 1.00pm – 1.50pm

DRINKS & FROZEN TREATS

Fresh Fruit Smoothie	\$3.00
Bottled Water (600 ml)	\$2.00
Frozen Fruit Cup (100% juice)	\$1.00
Apple/Blackcurrant/Mango	
Ice-Cream Cones	\$1.00
Pineapple Ring	\$0.50
Watermelon Pop	\$0.50
Banana Pop (Choc Tip)	\$1.00
Paddle Pop Chocolate Rainbow	\$2.00
Icy Twist	\$1.50

HOMEMADE SANDWICHES, WRAPS & ROLLS

Fresh Sandwich (White or Whole meal bread)	
(GF add \$1.00) white or Whole meal roll and wrap add 50c	
Cheese	\$2.30
Vegemite	\$2.30
Choose from the following fillings: Ham, Chicken, Tuna, Egg or Egg & Lettuce, Tomato, Cheese, Carrot, Beetroot, Cucumber, Lettuce	\$3.30
• Sauces: mayo, tomato, sweet chilli	No Charge
• Sushi – soy sauce squeezee	0.20c
Salad wrap /or Plate (Lettuce, Tomato, Carrot, Cheese, Mayo)	\$4.00
Salad Plate with Ham, Chicken, Tuna or Egg	
Salad Wrap with Sweet Chilli Tender (Lettuce, Tomatoes, Carrot, Cheese, Beetroot, Cucumber, Mayo and Sweet Chilli Sauce)	\$6.00

HOT FOOD

Spaghetti Bolognese	\$4.00
Beef Lasagne	\$4.20
Macaroni & Cheese	\$4.00
Nachos Cheese & Salsa	\$4.00
Noodle Box Chicken and Vegetables	\$4.00
Noodle Box – no chicken	\$4.00
Pizza (Hawaiian or Margherita)	\$4.00
Cheese Burger with Cheese and Tomato Sauce	\$4.00
Chicken Wrap Sweet Chilli Tender Lettuce Sweet Chilli Sauce	\$4.00
Chicken Burger with Lettuce (Mayo Optional)	\$4.00
Chicken Nuggets – 4	\$3.00
Hot Dog – with or without sauce	\$4.00
Hot Dog	\$4.00
Lite Pie	\$4.00
Sausage Roll	\$4.00
Party Pie	\$1.20
Dim Sim	\$1.20
• Sauces: mayo, Tomato, Sweet Chilli	No charge
• Soy sauce squeezee	0.20c
Nuggets Meal (Peas, Corn on the Cob and Seasoned Wedges)	\$4.80

SPECIAL MEAL DAYS

Monday – Thursday only - \$3.00

Box Hot Potato Wedges

\$6.00 Lunch Special

Box Hot Potato Wedges
2 Nuggets
1 Muffin
1 Hot Chocolate

Wednesday only - \$2.40

Sushi Hand Roll - Crispy Chicken Teriyaki, Tuna or Vegetarian (Cucumber and Carrot)

\$6.50 Lunch Special

2 Sushi Hand Rolls
1 Fruit Smoothie
Soy Sauce (squeeze on) – 20c

JAFFLES – HOT BAGELS

Cheese	\$3.00
Cheese and Vegemite	\$3.00
Ham and Cheese	\$4.00
Ham Cheese and Tomato	\$4.00
Ham and Pineapple	\$4.00
Ham Cheese and Pineapple	\$4.00
Baked Beans / Spaghetti	\$4.00

Paper Bag

If you need a paper bag, please add 20c to your order. DO NOT use staples or paper clips on the bags. Please write: **Child's Name, Grade, Food Order & Cash amount enclosed** on the bag. Reusable lunch bags available for \$11

*(v) = vegetarian
*(vg) = vegan
*(gf) = gluten free